

BLOOD DRIVE



PLEASE
DONATE

East Side High School

Thursday, January 23, 2020
8:30 am - 2:30 pm

School Gym
238 Van Buren Avenue
Newark, NJ 07101

Sponsored By:
The Spanish Club & Soccer Team

Sign-ups will be in the auditorium on Wednesday January 22, during periods 1 - 4. Please see a Spanish Club officer or soccer team player.

For additional information, please see Ms. Luna or Mr. Pereira in room number 421.

All 16 and 17 year olds must have a signed parental consent form in order to donate.

Donor Guidelines:

- * Weigh at least 110 lbs.
- * Eat a meal before donation
- * Bring ID
- * Drink plenty of water before and after donation

Ann

BLOOD RECIPIENT:

"I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation well, it saved my life."



GIVE BLOOD TODAY | vitalant.org

Eligibility questions? Call 877.258.4825

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